

Which Workshop When

A five-minute decision tool that matches the situation in front of you to the right discovery, design, or delivery workshop – so you run the smallest one that fits.

DURATION	GROUP SIZE	WHAT YOU BRING	WHAT YOU LEAVE WITH
5 min	— people	No prerequisites. Bring the situation: the unresolved question, decision, or symptom you're trying to act on.	<ul style="list-style-type: none"> - A named workshop matched to the pressing question - A clear rationale for why that workshop, not another - A linked playbook to run next - A one-sentence note posted to the team channel

WHO TO INVITE

- **You (the chooser).** Reads the situation, walks the flowchart, picks the workshop. This is a one-person decision before any group session.
- **Workshop facilitator.** The follow-on conversation partner once a technique is chosen; confirms scope and books the session.
- **Team lead or product owner.** Sanity-checks the trigger condition matches the team's actual problem before time gets booked.

USE WHEN

- A team meeting keeps not landing on a decision
- Something specific has gone wrong and you want the technique that addresses it
- You're considering 'let's run a workshop' but unsure which one
- You're auditing your team's practices for missing workshops

AVOID WHEN

- Three people can settle the question in five minutes at a desk
- The situation is Clear in Cynefin terms – just build it
- You've already picked a technique and want to run it
- You want to run a workshop as ritual rather than to answer a question

How the session runs

● Read the situation (1 min)

Name the most pressing question in front of you in one sentence. The clearer the question, the faster the rest of the choice goes.

● Walk the flowchart (2 min)

Follow the gates from the root question through domain, customer, architecture, or planning branches until you land on a named technique that matches the situation.

- **Confirm with the index (1 min)**

Scan the categorised tables to check no closer fit exists. Each row has a trigger condition; if your situation doesn't match one, pick the row that does.

- **Post the choice (1 min)**

Drop a one-sentence note in the team channel naming the workshop and why. The note is communication infrastructure: the team knows what's coming and the reason.